Culture Worksheet

First, respond to each question by writing one sentence or phrase about its topic. Then rate each item, in the box provided, from 1-8 (1 is most important) according to what value you believe this topic has in your culture.

- What language(s) do you speak?

- What is your family’s religious or non-religious belief system and practice?

- What music do you listen to?

- What dances do you know?

- What foods do you eat most often at home?

- What do you wear on special occasions?

- What holidays, celebrations and ceremonies do you participate in with your family?

- Who are the members in your family?