Six Principles of Nonviolence

Nonviolence is not passive, but requires courage

Nonviolence seeks reconciliation, not defeat of an adversary

Nonviolent action is directed at eliminating evil, not destroying an evil-doer

A willingness to accept suffering for the cause, if necessary, but never to inflict it

A rejection of hatred, animosity or violence of the spirit, as well as refusal to commit physical violence

Faith that justice will prevail